

## What We Offer

Transformations at Mending Fences provides the appropriate psychological and physiological care necessary for healing. We offer a variety of traditional and experiential therapies and programs including:

- Residential Program
- Partial Hospitalization Program (PHP)
- Detox (offsite)
- Help For Our Heroes Program
- Medication-Assisted Treatment (MAT)
- Recreational Therapy
- Equine-Assisted Therapy
- Choice of groups (faith-based, LGBTQIA+, etc.)
- Family Program

## Treating Trauma

Our primary focus is to help those who have suffered from extreme trauma. Our licensed clinicians help individuals work through the traumatic events that continue to create obstacles which impede their progress toward long-term stability. Clients will begin to learn and develop healthy coping skills and begin to address their trauma in a safe space.

## Beautiful Residences On-site

We are located on 400+ acres of beautiful Northern Florida landscape and offer a total of 24 residential and 21 partial hospitalization beds. We have an outdoor area designed for fellowship and a fire pit for chilly nights. In addition, we have a large cafeteria where an on-site chef and cooking staff create delicious and nutritious meals for our clients three times a day.



15530 W. Highway 326  
Morrison, Florida 32668

If you or a loved one are struggling,  
please contact us today.

**(888) 995-6013**

**ALL CALLS CONFIDENTIAL**



Nationally Licensed & Accredited



[www.ttcmingfences.com](http://www.ttcmingfences.com)





## We can help repair and restore the real you.

Transformations at Mending Fences is a nationally accredited and licensed mental health and addiction treatment center. We treat adults 18 years of age and older who are suffering from primary mental health, substance abuse, and co-occurring disorders.



## What We Treat

We offer Residential and PHP programs designed to specifically treat each individual suffering from mental health or substance dependence disorders, including:

- Primary Mental Health
- Anxiety Disorders
- Depression
- Dual Diagnosis
- PTSD & Trauma
- Bipolar Disorder
- Borderline Personality Disorder
- Obsessive Compulsive Disorder
- Substance Abuse
- Eating Disorders

## Programs

### Faith-Based Tracks

We offer both Christian and Jewish integrated treatment programs led by Master's level therapists who are experts in combining treatment with faith-based spiritual principles. Special accommodations are made for clients with diet restrictions, meal preparation, and holiday observances.

### Help For Our Heroes

The Help For Our Heroes program is specifically designed FOR veterans and first responders BY veterans and first responders in order to improve their physical, mental, and emotional wellness. This helps our clients to heal and repair their lives.

### SoundPath Recovery

SoundPath Recovery is a creative-based treatment program where clients use the healing arts to develop a new perception in life. Our in-house studio allows clients to record songs, perform them, learn how to channel their creativity, and express their emotions, free from judgment and expectations.

## Therapies

### Equine-Assisted Therapy

This unique experience involves activities with horses to promote human physical and mental health. It also helps people develop skills for emotional regulation, self-confidence, and responsibility.

### Evidence-Based Therapies

We offer curriculum-based therapies such as Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), and Accelerated Resolution Therapy (ART) which help treat trauma and mood disorders, improve emotional regulation, that can be useful to change behavioral patterns.

### Recreational Therapy

As an activity-based approach, this therapy addresses the needs of individuals struggling with addiction and/or mental health disorders. Clients learn healthy coping skills, socialization skills, increased self awareness, enjoyment for life, and responsibility through activities such as kayaking, gardening, creating art, and taking care of the animals on campus.

